Welcome to Kobe!

Kobe is located in the mid-west of Japan, a region known as Kansai. The city offers easy access for overseas visitors, with Kansai International Airport being the closest international gateway to Kobe. Shinkansen trains, popularly known as ‘Bullet’ trains, are easily accessible from Shin-Kobe Station and the journey from Tokyo, for example, only takes three hours.

The population of Kobe is a little over 1.5M (as of December, 2015), which makes it the 6th-largest city in Japan. Over 44,500 foreigners and more than 1,800 students from 117 countries, including China, South Korea, the U.S.A., and Vietnam, live here. With such an international background, the city has flourished as a key trading port in Japan. The average annual temperature is 17.3°C, with a range of -0.9°C to 36.0°C reported in 2015, while the annual rainfall was 1,500 mm, which means that it is generally very comfortable with a mild winter and a relatively cool summer for Japan, where the four seasons are quite distinct.

Kobe is known as a city with its own unique flavor and an exotic atmosphere, which has been influenced by the various foreign cultures it has attracted. The city is blessed with natural beauty including Mt. Rokko and the Seto Inland Sea. It is well known for its gourmet delights, such as Kobe Beef and confectionary, as well as Japanese sake and wine. It is also known as the fashion center of Japan, which gives the city a very sophisticated image. As a result, Kobe is one of the most popular cities for sightseeing in Japan with its many wonderful places to visit, not the least of which is Arima, one of Japan’s oldest and most famous hot springs located in the north of the city.
Welcome to ICoFF 2019!

We are delighted to invite you to the 7th International Conference on Food Factors - ICoFF 2019. With the mission of promoting research into all aspects of basic and applied Food and Nutritional Science, ICoFF held its first conference in 1995 and has continued to hold such meetings every four years since then. ICoFF is one of the largest international conferences for researchers, scientists, professors and students in the field of food factors and their health-promoting effects.

For ICoFF 2019, we have adopted the theme, ‘Food Factor Science from Moleculer to Human Studies’. The conference will offer opportunities to exchange scientific ideas and create networks between people from academia, industry and regulatory authorities, as well as between young and established scientists and professionals.

The organizing committee, mainly comprising members of the Japanese Society for Food Factors (JSoFF), is putting its utmost efforts into preparing for the conference, which will be held in December, 2019 at the Kobe Convention Center and the nearby Kobe Portopia Hotel on Port Island, Kobe.

We welcome your participation in ICoFF 2019 and very much look forward to welcoming all of you to our wonderful city.

Hitoshi Ashida
President, ICoFF 2019

Conference Information

Date: 1-5, December, 2019
Venue: Kobe Convention Center
Co-organized by:
The Japanese Society for Food Factors (JSoFF) and The International Society for Nutraceuticals and Functional Foods 2019 (ISNFF 2019)
Official Language: English

Organizing Committee

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Hitoshi Ashida (Kobe Univ.)

Vice Presidents
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Taiichiro Seki (Nihon Univ.)

Secretary General
Yoshimasa Nakamura (Okayama Univ.)

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Website
http://icoff2019.umin.jp/